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AUTHOR Dadd, Debra Lynn
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ABSTRACT

The document maintains that the world is filled with health hazards and the best a person can do is to assess the danger of individual products, learn the risks, weigh the risks against the benefits, and decide whether or not to personally take these risks or to subject family members to them. This perspective begins in the home. This book discusses toxic chemicals and the health hazards found in the home including information on risks and nontoxic alternatives. Chapters include: (1) "Discovering How Your Home May be Toxic"; (2) "Cleaning Products"; (3) "Household Pesticides"; (4) "Tap Water"; (5) "Drugs and Medication"; (6) "Personal Care Products"; (7) "Food"; (8) "Clothing, Bedding, and Laundry Products"; (9) "The Home Office"; (10) "Hidden Hazards"; and (11) "Tobacco Smoke." Also included are resource lists including where to buy nontoxic products, household hazardous waste disposal programs, nonsmokers' rights groups, and government agencies regulating consumer products. An extensive bibliography is included. (CW)

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